

WINTER 2020 TRAINING EXERCISE INDIVIDUAL CADET KIT LIST

Because of the potential of inclement weather all of the following must be packed/worn:

- 1 x sweatshirt/sweater (insulating layer)
- 1 x t-shirt or long sleeve shirt (to be worn)
- 1 x pants – no jeans (to be worn)
- 2 x socks tall warm socks (wear one, pack one in ziplock bag so they stay dry)
- 1 x winter boots (keep in mind must be able to walk all day in them)
- 1 x water bottle – full with water upon arrival
- 1 x travel mug – for hot chocolate
- 1 x sunscreen
- 1 x winter toque
- 1 x sunglasses
- 2 x mittens(wear one, pack one)
- 1 x winter jacket
- 1 x winter pants (snow pants)
- 1 x knife, fork, spoon
- 1 x garbage bag – to line kit bag to protect from weather (put the garbage bag in your bag then your kit inside that garbage bag)
- 2 x plastic grocery bags – to put wet gear in
- 1 x day pack – ex. backpack to carry required items during the day such as extra socks, water bottle, KFS, travel mug
- FTUs are not permitted

Saturday on the bus cadets should have their toque, mittens, and snow pants in their backpack with their other kit to. Cadets do not want to wear all of their layers as they will overheat. Upon arrival at Sugarmoon Farm the cadets will have a light breakfast of pancakes and sausages as well as a beverage. Cadets will not be allowed to purchase more food however; they may purchase items from the small shop to take home if they wish. Lunch will be rations on the hike. Included in the day will also be a tour of the sugar maple facilities as well as a sugar on snow.

Cadets must be prepared to be outdoors all day and evening, walking and carrying additional section equipment. Kit checks will be done upon arrival, cadets missing items will be sent home.

Sunday at the cadet building cadets will require all of the above clothing again and will be participating in a variety of activities in the area around the cadet building. The day will be conducted fully outside, there will be no indoor activities.

The FTX happens rain or shine (barring torrential rain storms) regardless of temperature. Pack and dress appropriately. Come in on a Wednesday night to talk to staff, we are happy to go through gear with you and identify good choices and not so good choices.