OPERATION BEAR CUB PERMISSION SLIP / INFORMATION SHEET

3036 RCACC will be conducting an exercise at the Bedford Rifle Range on 26-28 October 2018.

The purpose of this exercise is to have the cadets learn basic bivouac camping routine, survival skills, GPS navigation, Canadian Forces RCEME familiarization, leadership, and to have fun.

Parents must transport their cadets to and from the Bedford Rifle Range.

A kit list is attached to this permission slip / information sheet. There will be a kit check done when cadets arrive at the training site. We please ask that parents/guardians remain until the check is completed. If a cadet does not have the proper clothing and equipment when arriving they will be sent home.

Timings are:
26 October - 1800 hrs - Adult Staff arrive at Bedford Range
26 October – 1830 hrs- Silver Star Cadets and up arrive at Bedford Range
27 October - 0830 hrs – Green and Red Star Cadets arrive at Bedford Range
28 October - 1500hrs - All Cadets picked up at Bedford Range
28 October - 1530 hrs - Adult Staff depart Bedford Range

Any cadet attending must be completely enrolled and have a signed permission slip passed in before the weekend.

All medications and health card information must be declared on the permission slip.

There is no tolerance for misbehavior on the FTX - parents/guardians will be called and required to pick up their cadet if they do not comply with the rules.

If you have any questions please email: cadets3036@gmail.com

----------Detach HERE----------

Permission Slip

I give permission for my child _____ (cadet name) to attend the Fall Exercise at Bedford Rifle Range 26th-28th October 2018.

There are / are not any medications for my child. (If "are" please list below in space provided)

Medication and dosage: _____

Health Card Number: _____

Parent/Guardian Emergency Contact Number_____

Date: _____ Signature of Parent/Guardian_____

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Annex H

INDIVIDUAL CADET KIT LIST

Cadets are authorized to wear combat clothing for this exercise if they have it. It must be neat and clean in appearance. Boots must be clean, black and waterproof. Cadets wearing combats must have appropriate slip-ons to display their rank.

Because of potential wet weather and ticks cadets must have the following:

- Boots (hiker or equiv.) **warm/dry/waterproof** enough for outdoors in October; (they will be moving around)
- 4 - socks
- 3 - pants; (NO JEANS PERMITTED)
- 2 - long sleeve shirts
- 2 - short sleeve shirts
- 3 - change of underwear
- 1- Warm Jacket
- 1- Rain Gear (pants, jacket, boots)
- 1- Hat
- 1- small day pack (small backpack)
- 1-Personal Hiking Backpack/Bag (NO SUITCASES) for ALL their kit
- Personal hygiene kit (toothbrush/paste, comb, soap, deodorant, etc.)
- Hand towel, washcloth
- Put clothes in garbage bag in your hiking backpack
- 2 garbage bags
- Mug
- lip balm/chap stick
- sunscreen
- sunglasses
- note book, pencil/pen
- Other Hygiene products if needed

- **NOT PERMITTED**: ***FOOD**, CELL PHONES, ELECTRICAL GAMES OR APPLIANCES, BIG TEDDY BEARS, MUSICAL PLAYERS, CIGARETTES, ALCOHOL, HAIR SPRAY, PERFUME, PERSONAL SLEEPING BAGS.

- Cadet must be prepared to be outside walking and carrying all items brought with them plus designated equipment. All meals and accommodations are provided.