

REGIONAL CADET LAND TRAINING SCHOOL (ATLANTIC)

2015 REGIONAL SUMMER EXPEDITION EASTERN SHORE, NOVA SCOTIA OVERVIEW AND PLANS



PO BOX 5000, STM MAIN, SHEARWATER, NS, B0J 3A0

Overview and Plans

Exercise Coastal Explorer

General

The Atlantic Region Army Cadet Summer Expedition is a **seven-day** challenge for minimum Gold Star qualified cadets who have also obtained the Bronze Level or better of the CFAIP. Cadets arrive on Saturday, 15 August 2015, day one and depart on Friday 21 August 2015, day seven. During the Expedition cadets receive introductory and practical training in Sea Kayaking. After receiving sea kayak instruction, cadets will embark upon a four day sea kayaking expedition along Nova Scotia's scenic coast, visiting current and former isolated communities, bays, fjords and islands.

Cadets will be trained to use the various equipment required to conduct a safe, fun, and challenging sea kayaking expedition activity. Upon completion of the training and practical skill assessment cadets may be awarded a Paddle Canada Sea Kayak skill level certification.

Qualified CIC officers and/or specialist civilian instructors will direct cadets for the duration of the expedition in small groups of 6 cadets. The expedition will be accompanied by professional guides.

Aim and Objectives

In the context of the overall Army Cadet Expedition activities, the objectives are to:

- a. provide the vehicle to deliver the Army Cadet Programme;
- b. promote recruiting and retention;
- c. develop leadership skills, while enhancing individual self-concepts such as self-confidence, self-reliance, self-esteem, self-discipline, etc.; and
- d. raise the profile and promote the distinct character of the Army Cadet Programme as a challenging, dynamic and unique youth programme.

Location/Dates

The Regional Summer Expedition -- Exercise Coastal Explorer, shall be conducted on the coast of NS from 15-21 August 2015. Specific locations are still being confirmed.

Candidates- Required Criteria

Corps commanding officers are to ensure that cadets fully meet the following criteria before forwarding cadets' application:

- a. *minimum Gold Star qualified;*
- b. *minimum of 15 years of age;*
- c. *Have participated at Zone Level Silver and Gold Star Expeditions;*
- d. *CFAIP Bronze level qualified for the age group when applying for the expedition;*
- e. *Medically fit IAW CATO 16-02 and have no medical restrictions;*
- f. *Have demonstrated excellent performance during Corps level adventure training activities;*
- g. *Be nominated by the Corps Commanding Officer; and*

Quota by Province and Selection

Each Detachment has been assigned a quota of cadets by province. Cadets must meet the Required Criteria in order to be considered for selection. In cases where there are not enough qualified cadets to fill a provinces or detachment's assigned quota, the billet(s) shall be reassigned to other Detachments based on the Required Criteria.

Detachments have been assigned the following quotas:

Newfoundland and Labrador: 6 army cadets;

Nova Scotia: 6 army cadets;

New Brunswick/Prince Edward Island: 6 army cadets.

Applications - **Deadline 15 June 2015**

The serial number **4299153** will be activated in Fortress on 14 May 2015. All Atlantic Region Army Cadet Corps may nominate cadets for the serial. Since the activity dates fall after the summer period starts but before the next training year begins, in Fortress you may have to **remove the training year filter in order to view the serial**. Applications must be submitted in Fortress by **15 June 2015**.

Selecting officers will be as follows:

Capt James Mahoney- Expedition Staff
Capt Dearick Smith- Expedition Cadets

Leader/Participant Ratio

The leader to participant ratio will be approximately 1 to 6, meaning 1 officer as a syndicate commander to approximately 6 cadets. Officers interested in applying to work on this expedition are to send an expression of interest to Capt James Mahoney outlining their experience and history. **[Deadline for staff applications are 15 June 2015.](#)**

Rations

Individual Meal Portions (IMPs) or Meals Ready to Eat (MREs) are the primary meal source for the Field portion of the Expedition. Rations at the beginning and end of the expedition shall be of mess hall variety.

Application Milestones

15 May 2015- Application Process Opens;
15 June 2015- Application Process Closes;
30 June 2015- Selections Announced (Cadets and Officers);
15 July 2015- Answers required by all to arrange transport, pay and claims;
01 Aug 2015- Transport Arranged and Confirmed. OIC will contact all cadets and staff;
14 Aug 2015- Staff Arrive at Shearwater;
15 Aug 2015- Cadets will travel to 12 Wg Shearwater;
16- 21 Aug 2015- Expedition component;
21 Aug 2015- Cadets return home; and
22 Aug 2015- Staff return home.

Transportation

Transportation is funded by RCLTS(A) and arranged through the Region Tpt Coord and the Det Mov Os.

Questions...?

Please direct questions to your ACO or the activity OPI, Capt J.F Mahoney, DCO RCLTS(A) / Regional Expedition Training Officer by email at james.mahoney3@forces.gc.ca or by phone at 1-877-494-8164, Option 9, Extension 720-2088.